



restaurant & bar

menu



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## Menu

### Starters

#### 'Warm Callaloo Salad'

A mix of hot and cold; cucumber, tomatoes topped with warm, seasoned stir-fried callaloo.

**£3.50**

#### 'The Lamb Stripped'

Highly seasoned strips of lamb gently cooked until tender and served on a bed of salad.

**£3.50**

### Main Course

#### Meat dishes

#### 'Spice Up Your Life'

Succulent, tender curried goat on the bone, cooked with spices and peppers.

**£7.50**

#### 'Love Pork'

Slices of pork marinated with pimentos, peppers and various seasonings and jerked to tickle your taste buds.

**£7.50**

#### 'Don't Be a Chicken Try Me'

Jerk chicken breast cooked to perfection, served with a delightful sauce.

**£7.50**

#### Fish dishes

#### 'Come Fish With Me'

Filletted escovitch fish, covered in a pepper, onion and carrot marinade lying on a bed of spinach.

**£7.50**

#### 'Steamy Bream'

Soft, tender bream seasoned and steamed.

**£7.50**



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#### 'Can't Have One Without The Other'

Ackee & Saltfish - acquire a taste for tender, soft ackees joined with salted fish.

**£7.50**

#### Vegetarian dishes

#### 'Climb Me'

A vegetable tower blend of sweet potatoes, green bananas and pumpkin surrounded by a delectable sauce.

**£7.50**

All dishes served with Rice/Rice & Peas

#### Side Salad

**£1.50**

Provisions of the day (i.e. yams, boiled/fried plantain, green bananas)

per portion **£1.50**

### Desserts

#### 'Sweet Sensation'

**£2.50**

Mango mousse - a velvety, smooth mix of mango, cream and essences.

#### 'Mm, mmm'

**£3.25**

White Rum Cheesecake - just be tempted!

#### Tea/Coffee

**£1.50**

### Bar Snacks

#### Vegetable Pattie

**£1.00**

#### Meat Pattie

**£1.00**

#### Saltfish Fritters

**£1.00**

#### Fried Dumplings

**£2.25**

(served with saltfish)



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*With Compliments*

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